Sara Wilson

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**Summary**

Outcome driven leader with twenty-four years of experience equipped with administrative, regulatory, clinical, and service recovery expertise. Committed to evidenced-based practice and quality improvement. Talented in finding balanced solutions, cultivating positive organizational culture, and team engagement.

**Skills**

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| * Strategic Planning
* Quality Improvement
* Staff Development
* Operations Oversight Using Data Analytics
 | * Fostered Relationships with Partner Facilities
* Compliance with Regulatory Guidelines
* Multidisciplinary Collaboration and Oversight
* LEAN/Six Sigma
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**Experience**

**Nursing Faculty, North Dakota State College of Science December 2024-current**

* Clinical instructor for RN students in their final 2 semesters.
* Didactic instructor for Leadership for Registered Nurses.
* Facilitate learning in multiple learning environments.

**Director of Nursing, CHI St. Francis Health July 2024-October 2024**

* Collaborated with MHA and MDH regarding operational success and survey readiness.
* Oversight of hospital operations for acute medical/surgical and emergency department population in critical access hospital with Level IV trauma designation.
* Improved fiscal operations across service lines through productivity analysis and LEAN principles.

**Regional Clinical Manager, Ethos Home Health Care and Hospice March 2023-June 2024**

**Fargo, ND**

* Oversight of hospice operations for patients in MN/ND regional areas.
* Participate in budget and strategic operations using data analytics and predictive methods to improve fiscal health and quality ratings.
* Regulatory monitoring of human resource management and survey preparedness.
* Collaborate with the quality improvement team.
* Reduce daily drug spend by $2.50/patient/day in four months.
* Improve CMS quality scores from 3-star to 4-star.
* Improve fiscal earnings to black from an extended shortfall.

**Emergency Room Staff Nurse, Essentia Hospital, January 2022-March** **2023**

Fargo, ND

* SANE, ENPC, PALS, TNCC, ACLS, and BLS certified.
* Achieved departmental goals and objectives by instituting new processes and standards for in-patient care.
* Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
* Responded to emergency situations with speed, expertise, and level-headed approaches to provide optimal care, support, and life-saving interventions.

**Regional Nurse Consultant/DON/Administrator, Northern Oaks Management, July 2020-January 2022 Fargo, ND**

* Provided leadership to several senior care communities with a focus on high-quality care and fiscal health in assisted living and memory care populations.
* Tracked clinical quality data to identify risk and implement quality assurance improvement initiatives.
* Collaborated with regional decision-makers and emergency response teams during the onset of the pandemic.

**On Call After Hours RN, CHI Health at Home, Home Health and Hospice, October 2020-July 2021 Breckenridge, MN**

**Clinical Coordinator/Various Roles, CHI Health at Home, Home Health and Hospice, September 2010-July 2020 Breckenridge, MN**

**RN, Procedure Nurse, Sanford Clinic, September 2007-September 2010 Wahpeton, ND**

**RN Clinical Coordinator ER/Short Stay Unit, St. Alexius Medical Center, September 2004-December 2006 Bismarck, ND**

**LPN Staff Nurse Ortho, Neuro, MeritCare Hospital, June 2001-September 2004 Fargo, ND**

**Education and Training**

Doctorate of Nursing Practice in Organizational Leadership

DNP, University of Mary, Bismarck ND Completion Expected Summer 2027

Master of Science Dual Degree Nursing Leadership

MSN/MBA, University of Mary, Bismarck ND August 2025

Master of Science HealthCare Administration (MHA Courses for LTC Licensure Requirements in MN)

Minnesota State University, Moorhead MN (2024) GPA 4.0

Bachelor of Science

Nursing, University of Mary, Bismarck ND July 2004

Associate of Science

Nursing, North Dakota State College of Science, Wahpeton ND May 2001

**References**

References Available upon request.